Graduate Theory Review II Daily Work Log		name:	
week:			
day, date:	activities:		
time span:t	0		
time spent:			
day, date:	activities:		
time span:t	0		
time spent:			
day, date:	activities:		
time span:t	0		
time spent:			
day, date:	activities:		
time span:t	0		
time spent:			
day, date:	activities:		
time span:t	0		
time spent:			
day, date:	activities:		
time span:t	0		
time spent:			
day, date:	activities:		
time span:t	0		
time spent:			
Sign the blank belo	w if a week's worth of daily pract	ice of contemplative exercises has been acc	complished: